

Something to

CROWABOUT

Newsletter of the

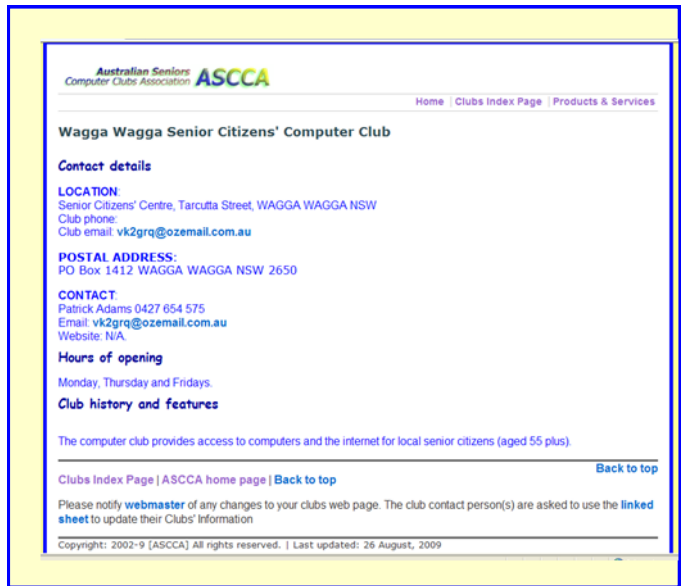
Wagga Wagga Senior Citizens' Computer Club
Member of ASCCA (Australian Seniors Computer Clubs Association)

October 2009

Patron: Lindsay Vidler

At Last !

We are starting to make headway.
As you can see at right we are now
affiliated with the ASCCA.
With help from the Council, and
support from members our future
will be assured.



The screenshot shows the website for the Australian Seniors Computer Clubs Association (ASCCA). The page title is "Wagga Wagga Senior Citizens' Computer Club". It includes contact details such as location (Senior Citizens' Centre, Tarcutta Street, WAGGA WAGGA NSW), club phone, and club email (vk2grq@ozemail.com.au). It also lists the postal address (PO Box 1412 WAGGA WAGGA NSW 2650), contact person (Patrick Adams), and hours of opening (Monday, Thursday and Fridays). There are links for "Club history and features" and "Back to top". A footer contains copyright information: "Copyright: 2002-9 [ASCCA] All rights reserved. | Last updated: 26 August, 2009".

Seniors Web Links

www.ascca.org.au/
www.aboutseniors.com.au/
www.greypath.com/
www.bonzer.org.au/
www.seniors.gov.au



Do you know of an interesting web site (not necessarily a seniors) that would be of interest to our members?

Jokes

The Golden Urinal

Before the 2001 inauguration of George Bush, he was invited to a get acquainted tour of the White House. After drinking several glasses of iced tea, he asked Bill Clinton if he could use his personal bathroom. When he entered Clinton's toilet, he was astonished to see that President Clinton had a solid gold urinal. That afternoon, George told his wife Laura about the urinal. "Just think," he said, "when I am president, I could have a gold urinal too. But I wouldn't do anything that self-



indulgent!" Later, when Laura had lunch with Hillary at her tour of the White House, she told Hillary how impressed George had been at his discovery of the fact that in the President's private bathroom, the President had a gold urinal. That evening, when Bill and Hillary were getting ready for bed, Hillary smiled and said to Bill, "I found out who peed in your saxophone!"

The Period

A kindergarten class had a homework assignment to find out something exciting and relate it to the class the next day.

When the time came to present what they'd found, the first little boy the teacher called on walked up to the front of the class, and with a piece of chalk, made a small white dot on the blackboard and sat back down. Puzzled, the teacher asked him what it was. 'It's a period,' he replied.

'I can see that,' said the teacher, 'but what is so exciting about a period?'

'Darned if I know,' he said, 'but this morning my sister was missing one, my mom fainted, my dad had a heart attack, and the boy next door joined the Navy.'

A Message from the Editor

Welcome to the very first edition of CROWA-BOUT. As our club is just starting up future editions of this newsletter will only be printed and distributed when there is something to report. Hopefully, once we are established there will be a need to publish on a more regular basis, possibly bi-monthly. Elsewhere is a report on progress made in establishing the club, but rest assured the steering committee is working hard behind the scenes to make it happen.

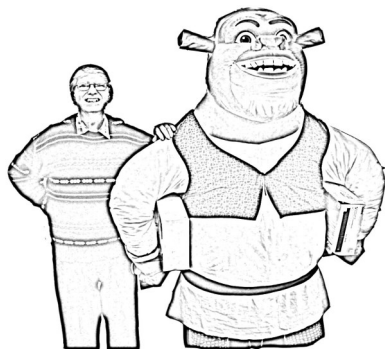
How can you help? Quite simply. I have no desire as editor to run the newsletter as a one man band so that anything you would like to contribute would be warmly welcomed.

Original articles, stories, jokes, favourite recipes.

Anything that would be of interest to our fellow seniors. We are of course restricted by copyright laws which means we are not able to publish the work of others without permission. If you have anything to contribute or pass on to our readers, please email the editor, Barry Williams at barrysonia@bigpond.com

It should also be mentioned that sponsorship to help defray the cost of producing this newsletter such as 'page sponsorship' or paid advertising sponsorship is something that we hope to acquire in the future.

In closing, I just knew you wanted a picture of the editor, so here it is. Only trouble is, it can't be revealed which one it is, you'll just have to guess.



**Accept that some days you
are the pigeon and some days
your the statue**

The Club Thus Far...

The first early milestones on our progress to date are;

- June, 2009 a meeting at the Senior Citizens Club in Tarcutta Street Wagga is attended by interested people and invited guests the Deputy Mayor Lindsay Vidler and Local Member of Parliament Daryl Maguire. It is decided at this meeting to form a senior's computer club and a steering committee is elected.
- July, 2009 at the monthly meeting of the Wagga Senior Citizens' Club a motion is past to sponsor and pay the Wagga Senior Citizens Computer Clubs affiliation with the ASCCA (Australian Seniors Computer Clubs Association). This was with the provision that such affiliation payment was only for the first 12 months, after which the Computer Club would have to fund its' own yearly affiliation fee of \$100.
- August, 2009 the Wagga Wagga Senior Citizens' Computer Club is accepted as a member of the ASCCA.
- September, 2009 Club Secretary Paddy Adams on behalf of Wagga Wagga Citizens' Club Inc. signs an agreement with NEC Australia to host a 'Broadband for Seniors Kiosk'. This will deliver a broadband/internet connection for the club together with two desktop computers (to add to the six we already have), two Kiosk desks and three chairs plus training and IT support.
- At our September steering club committee meeting it is decided to produce a club newsletter to keep (*members*) informed

Club Steering Committee 2009/10

Chairperson.....Judy Robertson
Treasurer.....Gordon Hodges
Secretary.....Paddy Adams
Committee.....Jim Weeden,
Lindsay Vidler, Enid Pendergast, Barry Williams,
Mona Mansfield, Dawn McDermot, Margaret Somerfield, Robert Stackenburg.

Why Seniors come to Computer Clubs

Many arrive at a club and confess that a son or daughter has just bought a new computer and has given them the old one. They hasten to add that their children are extremely clever but very busy and they haven't had time to show them how to work the computer, usually expressing the reassuring comment to their parents that it is quite easy and that they should have no trouble learning how to use it. After a pause the senior quietly asks, "Could you show me how to turn it on please?"

Others come to a club because their family has encouraged them to 'go and do something about learning to use a computer'. However, they don't even know if they want to use a computer! The clubs assure them that they can learn to use a computer at the club to find out for themselves if they want to become a computer user.

Seniors who have recently retired and have had some computer experience in the workplace join because they want to extend the perimeters of their knowledge and learn how to use a computer for their own purposes.

It is pleasing to note that the computer skills gained by seniors are often used to enable them to participate in other community groups, e.g. as secretary, treasurer etc. of some other community club or organisation. Others use their new skills to take up work, usually part time and very often in a family business.

The Internet draws other seniors to a club. Some want to be able to keep in touch with friends and families. Yet others want to learn how to use the Internet to shop, chat, research, buy and sell shares, and pay bills.

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RECOGNISING A STROKE - A true story

Susie is recuperating at an incredible pace for someone who suffered a massive stroke, all because Sherry saw Susie stumble - - that is the key that isn't mentioned below - - and then she asked Susie 3 questions. So simple - - these 3 questions literally saved Susie's life. Susie failed all three so 000 was called. Even though she had normal blood pressure readings and did not appear to be having a stroke, as she could converse to some extent with the Paramedics. They took her to the hospital right away.

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, lack of public awareness can spell disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms. Now doctors say a bystander can recognize a stroke by asking three simple questions:

* Ask the individual to SMILE.

* Ask him or her to RAISE BOTH ARMS.

* Ask the person to SPEAK A SIMPLE SENTENCE (Coherently) (ie. It is sunny out today)

If he or she has trouble with ANY of these tasks, call 000 immediately and describe the symptoms to the dispatcher. After discovering that a group of non-medical volunteers could identify facial weakness, arm weakness and speech problems, researchers urged the general public to learn the three questions. They presented their conclusions at the American Stroke Association's annual meeting last February. Widespread use of this test could result in prompt diagnosis and treatment of the stroke and prevent brain damage.

A cardiologist says if everyone who gets this e-mail sends it to 10 people, you can bet that at least one life will be saved.

BE A FRIEND AND SHARE THIS ARTICLE WITH AS MANY FRIENDS AS POSSIBLE, it could save their life.